



End of Life Directions for Aged Care

## What is the Primary Care toolkit?

Primary care can improve quality of life for people with a life-limiting illness. By providing high quality, appropriate palliative care and advance care planning support, you can help your patients to both live and die well.

Healthcare providers need the skills, linkages and confidence to provide this care in the community. The ELDAC Primary Care toolkit has been created to address this need by supporting primary care providers and teams through providing palliative care and advance care planning with patients and their families. This includes management of disease symptoms, psychosocial and spiritual aspects of care, as well as effective coordination of services across the health system.

The toolkit contains:

- Links to clinical tools and resources;
- Education, training and quality improvement strategies for palliative care and advance care planning;
- Information on how to access and develop local HealthPathways; and
- Resources to improve coordination and cooperation between services and providers.



End of Life Directions for Aged Care (ELDAC) is a free, government-funded resource. The Primary Care toolkit connects you with evidence-based tools in palliative care and advance care planning.

Find out more on the ELDAC website, [www.eldac.com.au](http://www.eldac.com.au) or call the ELDAC Helpline (1800 870 155) for more information.

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