

ELDAC Podcast: ‘What to Do When and How’



Episode 6: Care in the Bereavement Phase (13 mins)

Learning Objectives:

1. Explain what ‘bereavement’ means.
2. Describe common signs that suggest increased bereavement risk.
3. Discuss practice considerations when speaking with recently bereaved family members and carers.

Episode Guest: [Dr Kristin Bindley](#)

Dr Kristin Bindley is a Postdoctoral Research Fellow at the University of Technology Sydney and the University of New South Wales. Kristin is also an Accredited Mental Health Social Worker with the Australian Association of Social Workers, and the national Bereavement Consultant Lead for Palliative Care Social Work Australia.

Helpful links:

1. Bereavement – [Residential Aged Care](#), [Home Care](#) and [Dementia](#)
2. [ELDAC Self-care Room](#)
3. [Grief and Bereavement – palliAGED](#)

Disclaimer:

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