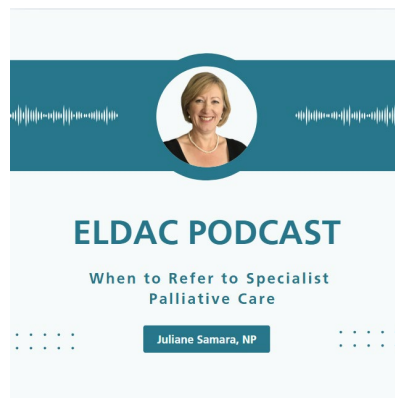


ELDAC Podcast: ‘What to Do When and How’



Episode 5: When to Refer to Specialist Palliative Care (19 mins)

Learning Objectives:

1. Explain when specialist palliative care input is required.
2. Outline strategies for introducing the need for palliative care.
3. Apply effective communication strategies when discussing a specialist palliative care referral with the older person and their family and carers.

Episode Guest: [Juliane Samara](#)

Juliane Samara is a Nurse Practitioner in palliative care within residential aged care settings across the ACT and Southern New South Wales. Her clinical background spans cancer nursing, aged care, and palliative care, supported by more than two decades of experience in the nursing profession. Juliane is a Fellow of the Australian College of Nurse Practitioners. She is a recognised nursing leader and a committed advocate for palliative care and aged care reform.

Helpful links:

1. [Assess Palliative Care Needs – Home Care](#)
2. [Work Together – Residential Aged Care](#)
3. [National Palliative Care Services Directory - Palliative Care Australia](#)

Disclaimer:

End of Life Directions for Aged Care (ELDAC) is funded by the Australian Government Department of Health, Disability and Ageing. ELDAC supports quality palliative care and advance care planning for older people receiving aged care services. The views expressed on this podcast are solely those of the hosts and guests and do not necessarily reflect the opinions of any other entity. Please use your discretion when making decisions based on information heard on this podcast.