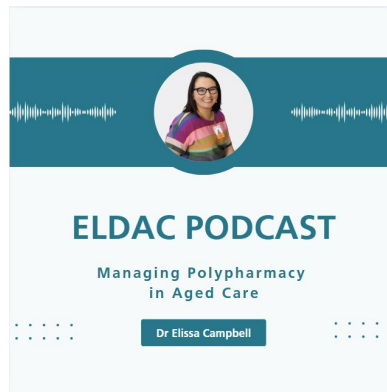


ELDAC Podcast: ‘What to Do When and How’



Episode 3: Managing Polypharmacy in Aged Care (9 mins)

Learning Objectives:

1. Outline palliative care considerations for older people who are on multiple medications.
2. Describe strategies when managing dysphagia (difficulty swallowing) for older people taking several oral medications.
3. Explain common reasons for deprescribing when the person is at the end of life.

Episode Guest: [Dr Elissa Campbell](#)

Dr Elissa Campbell is a Perth-based geriatrician and palliative care physician working in acute geriatric medicine. She is also the President of Palliative Care Western Australia. In 2022, Dr Campbell undertook the inaugural WA Health Churchill Fellowship, to “explore models of palliative care for people with dementia”

Helpful links:

1. [Medication Management – Managing Risk](#)
2. [Manage Dying - Dementia](#)
3. [Reducing Care Burden - palliAGED](#)

Disclaimer:

End of Life Directions for Aged Care (ELDAC) is funded by the Australian Government Department of Health, Disability and Ageing. ELDAC supports quality palliative care and advance care planning for older people receiving aged care services. The views expressed on this podcast are solely those of the hosts and guests and do not necessarily reflect the opinions of any other entity. Please use your discretion when making decisions based on information heard on this podcast.