

PARTICIPANT INFORMATION SHEET and CONSENT FORM [PICF]
Care worker/Care worker managers

Development & Evaluation of an Aged Care Worker App: The Care Worker App Project [Co-design workshop]

Chief Investigator:	Co-investigators	
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Description of the study:

This study is part of an aged care project looking to help aged care staff provide care to older Australians who may have palliative care needs or are coming to the end of their life. We are keen to understand the scope and patterns of practice, potential for support, and self-care needs of Australian (Home Care) care workers in relation to end of life and palliative care. This study's findings will inform the development of a careworker app aimed to assist (Home care) careworkers providing care to older Australians in the last months/year of their life. You are being invited to participate in this study because you are a (Home Care) care worker or a care worker manager working within Australia. Participation is entirely voluntary, so if you do not wish to take part you do not have to.

Purpose of the study:

To seek input from (Home care) careworkers regarding the functions and features of the proposed Careworker app.

What will I be asked to do?

You will be asked to take part in a short online (i.e. via Zoom/Teams) workshop session. The facilitator of the session will introduce you to the project and then describe the content and features of the app. The facilitator will then show you some screenshots of the 'mock-up' app. You will then be asked to comment on app's content: if it is relevant to your work or not, if you like it or not, or if you think the content is useful for not. You will also be asked to provide some feedback on whether or not you like the layout of the app, the menu structure, and the interactivity of the app. Each session will take 60-90 minutes, and you are free to participate in one or more workshop sessions. The workshop will be recorded so we could transcribe all the discussions and understand your preferences better.

Once the Careworker App has been developed there will be an opportunity for you to take part in a *Usability Testing* activity of the new app. You can indicate (via a tick box in the consent form) if you would like to know more about the usability testing activity when the app is ready. You will be asked to provide your email address, so the study team can get in touch with you when the app is ready for testing; and to provide you with a separate set of information sheet and consent form that you can consider before deciding whether you want to take part in the usability testing activity

Will I be identifiable by being involved in this study?

The researchers will know your identity, however all information provided will be treated with the strictest confidentiality and no identifying information (e.g., demographic data) will be published or included in any

presentations/publications about the research project.

What benefit will I gain from being involved in this study?

If you decide to take part in this study, it will help us explore the app related needs and preferences of Australian care workers in the context of palliative and end of life care; develop and evaluate the care worker app relevant to the Australian aged care setting. While we intend that this research furthers knowledge in the area of health technology implementation in the aged care sector in the future, it may not be of direct benefit to you.

Are there any risks or discomforts if I am involved?

The risk associated with participation in this study is very low. There may be a level of inconvenience associated with allocating the time to take part in the workshop. Please be reminded that participation in this study is voluntary and you are free to withdraw at any time without consequence. To minimise potential inconvenience, the session is being held online and we will offer you multiple sessions [across various days and times] to pick and choose from as per your convenience.

However, if for any reason you feel emotional discomfort as a result of participation, you can contact free telephone counselling services such as Beyond Blue (1300 22 46 36) or Lifeline (13 11 14). If you have any concerns regarding anticipated or actual risks or discomforts, please raise them with the research team.

Recognition for Contribution

If you choose to participate in the interview, we will offer you a \$25 gift voucher [per session], in recognition for your time, effort and contribution to the study. The gift voucher will be emailed to you after the workshop session. This gift voucher is valid within Australia.

Data Storage

Data collected from you will be securely stored in password protected Flinders University server for at least 5-years after the end of the study. Only members of the research team and the ELDAC external evaluators will have access to this data. After the 5-year period any identifying information will be destroyed including data linking codes.

How do I agree to participate?

If you would like to participate in in this study (interview), simply sign the consent form below and return it to the study coordinator [Dr Priyanka Vandersman](#). If you do not wish to be involved, please disregard this invitation. Please note that even if you agree to participate, you are free to withdraw your participation at any time by just letting the research team know (email and telephone details provided below).

How will I receive feedback?

The findings of this study will be shared on the ELDAC website (www.eldac.com.au) upon study completion. If you would like further information concerning this project or if you have any problems which may be related to your participation in the project, you can contact Dr Priyanka Vandersman on (08) 8201-3234 or priyanka.vandersman@flinders.edu.au.

Thank you for taking the time to read this Information Sheet and we hope that you will accept our invitation to be involved.

This research project has been approved by the Flinders University Human Research Ethics Committee (Flinders HREC) (Project number 2907). If you have a query about the ethics approval, or complaint about the study, please contact the Executive Officer of the Committee by telephone on +61 8 8201 2543 or email: human.researchethics@flinders.edu.au



CONSENT FORM FOR PARTICIPATION IN AN INTERVIEW

Development & Evaluation of an Aged Care Worker App: The Care Worker App Project (Co-design workshop)

I
being over the age of 18 years hereby consent to participate as requested in an interview for the above-mentioned study.

- 1. I have read the Participant Information Sheet provided.
2. I work within the Australian Home care [Aged care] setting.
3. Details of what the study involves, and any potential risks, have been explained to my satisfaction.
4. I confirm that I can speak and read English.
5. I agree to audio recording of my information and workshop participation.
6. I am aware that I should retain a copy of the Information Sheet and Consent Form for future reference.
7. I understand that:
- I may not directly benefit from taking part in this research.
- I am free to withdraw my participation without the need for any explanation.
- If I choose to withdraw during a workshop, I can simply leave the virtual session.
- No identifying information will be published, and my participation will be anonymous and confidential.
8. I understand that only the researchers on this project, and the ELDAC external evaluators, will have access to my research data and raw results; unless I explicitly provide consent for it to be shared with other parties. If the need to seek my consent to share my research data with other parties does arise, I will be contacted by the researchers via email.

App testing exercise
When the careworker app is developed, I would like to take part in the app's usability testing activity
Yes [] No []
If you selected 'Yes', please provide your email address below, so the study team can email you with relevant information when the app is ready for testing.
Email address:

I certify I have read and understood this form and consent to participate in the interview as explained on the Information Sheet.

Participant's signature..... Date

Investigator - I certify I have explained the study to the volunteer and consider that she/he understands what is involved and freely consents to participation.

Researcher's name.....

Researcher's signature..... Date

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