



# Fronditha Care Clayton



Residential Aged Care



Clayton  
Victoria

## Goal

To enhance knowledge of palliative care to provide quality care for residents and their families at end of life.

## Highlights

- Meeting regularly with the local palliative care service means that residents on palliative care pathways are identified earlier
- Commitment by the whole team, including GPs, to ensure that the needs of residents and their families are being met
- As staff confidence has grown, families are receiving education and support at an earlier stage

Fronditha Care Clayton is a culturally specific service located in Clayton in Melbourne's south-eastern suburbs that provides high quality care and culturally appropriate care for elder members of the Greek community. Fronditha Care Clayton provides permanent and respite care of all levels, as well as dementia specific care in their Memory Support Unit.

Fronditha Care Clayton participated in the ELDAC Linkages program, recognising the program as a perfect opportunity to enhance knowledge of palliative care.

One of the key challenges identified prior to the ELDAC linkages program was around educating families about the advantages of advance care planning, and the importance of having a clear plan in place for palliative and end of life care. Many families did not wish to discuss end of life care or resuscitation status, which meant that many residents were transferred to hospital at end of life instead of being cared for in their home (in the facility).

The focus on enhancing end of life care within Fronditha Care Clayton, enabled through the ELDAC Linkages program, has yielded significant improvements across multiple fronts. With a concerted effort and support from the ELDAC Linkages facilitator, Fronditha Care Clayton has been able to effectively increase staff knowledge surrounding palliative and end of life care, observing a notable progress in their ability to identify residents' deterioration at earlier stages.

Moreover, by actively involving families earlier in the end of life care journey, Fronditha Care Clayton have fostered stronger relationships with the families all to the benefit of resident well-being.

Fronditha Care Clayton's participation in the ELDAC Linkages program has played a pivotal role in elevating the quality of end of life care at Fronditha Care Clayton and has contributed to staff confidence and well-being.

"By our close association with our local community palliative care team we are now able to provide a higher quality of palliative and End of Life care to our residents and families."



### A note from a staff member

Through the ELDAC Linkages program we were able to engage with specific aged care palliative care education onsite. Ten of our staff attended training and have gained skills, and are sharing their knowledge with other staff members.

Regular monthly "Needs Round" meetings are held with the five unit co-ordinators and a representative from local community palliative care team. These meetings assist us in identifying deteriorating resident and to organise family meetings to prepare relatives for the death of their loved ones.

### Key outcomes

- Enhanced end of life care in the facility
- Increased staff knowledge around palliative and end of life care
- Earlier identification of deterioration
- Improved all palliative care process, leading to positive outcomes for palliative residents and families.