

Caring for older people can involve talking about the end of life.

When the people you care for ask about the end of life, talking about it can help you to feel more comfortable too.

Focus on providing the best care you can while remembering to watch for signs that the older person is reaching the end of life.

Older people might feel comfortable using words like 'death' and 'dying' or they might have different ways to talk about the end of life.



End of life is a normal part of life