

How to Learn for Care

Learning about yourself:

How do your values, attitudes and beliefs influence the way you care?

Learning about your role: Talk to your colleagues and supervisor about your role in providing care at the end of life.

Learning from experts: Good palliative care is informed by evidence. You can find trustworthy information about caring at the end of life on the palliAGED, PCC4U and ELDAC websites.

Learning about the people you care for:

Ask the people you care for about their values, preferences and beliefs so you can provide care the way they wish to be cared for.



Learning is an important part of palliative care.