



## Learning is an important part of palliative care.

### Why is learning an important part of working in aged care?

Improving your skills in palliative care can help you to care well for older people who are reaching the end of life. Learning helps you gain new skills and knowledge over time that you can use in your role. Learning is an important and ongoing part of your work in aged care.

### How can I learn while working in aged care?

- **Learning through training:** online training, short or long courses.
- **Learning through doing:** when you are at work and you develop knowledge, skills and confidence from your own and your colleagues' experiences.
- **Learning through evidence:** gaining new understanding about palliative care from trusted websites (such as palliAGED, PCC4U, CareSearch and ELDAC) and applying it at your work to improve your care.
- **Learning from your colleagues:** asking questions and seeking feedback on how you complete your work.

### What can I learn about?

The care you provide to your older clients or residents can span across the following five broad domains:

- domestic
- personal
- emotional
- social support
- communication with colleagues and families.

How can you improve your knowledge, skills, and confidence in each of these areas?

### How can I start learning for care?

You can download and use **ELDAC's Personal Learning Assessment** and **Personal Learning Plan** to help you identify your learning needs and plan out a learning strategy.

Download these resources in the 'Organisational Support' section of the Residential Aged Care and Home Care toolkits on the ELDAC website.

