

Inclusive care is about embracing and celebrating diversity

Keep an open mind.

It's okay to ask older people about themselves and their end of life wishes. Some older people will like to talk and others won't, and that's okay too.

Invite the older person you care for to share their story.

Find opportunities to connect.

Care is provided by people to people. Take the opportunity to learn about the people around you - in your team, in your care setting, and within your community.

Remember, we have so much more in common than our differences.

End of life is different for everyone.

An older person's background and experiences can influence how they think about death, dying and palliative care.

Ask the people you care for about what's important to them and their family at the end of life.



Good palliative care is as unique as the people you care for.