

Good palliative care is as unique as the people you care for.

Everyone is different, everyone belongs

Inclusive attitudes to care in our diverse yet cohesive workforce can lead to delivery of quality end of life and palliative care to older people who are uniquely shaped by their backgrounds and life experiences.

Aged care needs to offer a home to all older people and to respect and acknowledge their cultures, beliefs, and life experiences. Aged care also needs to be a place that celebrates diversity in the workforce for their unique qualities, ideas and insights.

27% of all home care service recipients come from a CALD (culturally and linguistically diverse) background.

There are **more than 25,000 Aboriginal and Torres Strait Islander People** receiving home care services in Australia and **just under 2,000 receiving care** in a residential aged care facility.



Older Australians are diverse

There are 4.2 million older Australians (people aged 65 and over) living in Australia, who come from many different backgrounds and life experiences.

Many of these older people receive care and services from the aged care sector, either in their own homes, or a residential aged care facility.

Being inclusive is about embracing and celebrating diversity within yourself and the people you care for.

Over 1/3 of older Australians were **born overseas**.



Just under **one in 5** older Australians **spoke a language other than English** at home.

Almost half of people aged 65 years and over **live with a disability**.

More than **10%** of older Australians **identify as LGBTI**.



More than **80%** of older Australians are **affiliated with a religion**.

The aged care workforce is diverse

Australia's aged care workforce are made up of people from many different backgrounds and life experiences.

Being inclusive means being open, kind, and understanding toward your colleagues who may be different to you.

Getting to know people better is a great way to build your skills in being inclusive. It can help to ask questions of the people around you.

37% of the **aged care workforce** were born overseas.

2% of nurses, personal care workers and allied health providers working in home care identify as an **Aboriginal and Torres Strait Islander person**.

