



Good palliative care is as unique as the people you care for.

What does inclusive care mean?

Australia is one of the most diverse nations in the world. This is reflected in our older population and the aged care workforce providing care to older people.

Being inclusive is about embracing and celebrating diversity, and applies both to how you care for older people and how you treat the people you are around every day. It's about respecting and acknowledging all cultures, beliefs and life experiences and being open, kind and understanding towards others.

Why is inclusive care important?

How we provide care to a person impacts on how they feel about the care. This is particularly important when the person is older and may be coming to the end of their life. Providing care that is inclusive helps older people feel like they are being treated fairly, and with dignity and respect.

Providing inclusive care

Aged care workers come from a range of different backgrounds. Your diversity of experiences, cultures and tradition can enrich the care you provide.

Being inclusive means being open, kind and understanding towards your colleagues who may be different to you. Remember, differences in our background, abilities and experiences may not be visible, so we need to encourage respect and inclusion of everyone.

You may want to ask yourself, 'What are my beliefs around death, dying and end of life? Are these beliefs influencing the way I provide care?'

Where can I find out more about diversity and palliative care?

Find out more by visiting the **Diverse Population Groups** section of the ELDAC website, located under the **Resources** menu.